

CURRICULUM VITAE

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Research interest/field

Gerontology, End-of-life care, Advance Care Planning

Professional Qualification

2002 Registered Nurse (General), The Nursing Council of Hong Kong
2022 Advanced Practice Nurse (Education & Research in Nursing), The Nursing Council of Hong Kong

Education/Training

2016 Communication in Serious Illness Training. Center of Palliative Care, Harvard Medical School, Boston.
2008 Doctor of Philosophy. School of Nursing. The Hong Kong Polytechnic University.
2008 Ethics Teacher Training Course, United Nations Educational, Scientific and Cultural Organization (UNESCO), Belarus.
2007 Certificate Course on Narrative Therapy. The Hong Kong Baptist University.
2006 Certificate on End-of-life Care. The Jockey Club School of Public Health. CUHK
2002 Bachelor of Science in Nursing (First Class Honours). School of Nursing. The Hong Kong Polytechnic University

Work experience

2022 – Present Professor, The Nethersole School of Nursing. Faculty of Medicine, The Chinese University of Hong Kong
2015 – 2022 Associate Professor, The Nethersole School of Nursing. Faculty of Medicine, The Chinese University of Hong Kong
2009 – 2015 Assistant Professor, The Nethersole School of Nursing. Faculty of Medicine, The Chinese University of Hong Kong
2008 – 2009 Lecturer, School of Nursing. The Hong Kong Polytechnic University.
2002 – 2004 Registered Nurse, Department of Medicine and Geriatric, United Christian Hospital

Awards and Honors

- International Nurse Researcher Hall of Fame, Sigma Theta Tau International Nursing Society, 2024.
- Visiting Professor, Department of Nursing, College of Health Sciences, University of Sharjah, 2024 – 2026.
- Visiting Professor, Department of Nursing, National Taipei University of Nursing & Health Sciences, 2023.
- Fellow, American Academy of Nursing, 2021.
- Fellow, College of Education and Research, Hong Kong Academy of Nursing, 2021.

- Best Paper of Practice. JCECC International Conference of End-of-life Care, Hong Kong, 2021.
- Visiting Research Professor, School of Nursing and Midwifery, Queen's University Belfast, 2018.
- Outstanding Paper Presentation Award. 26th Annual Congress of Gerontology, Hong Kong, 2019.
- Outstanding Presentation Award, Asian Pacific Hospice Conference, Surabaya, Indonesia, 2019.
- ACU Titular Fellowship (Hong Kong Jockey Club Fellowship). The Association of Commonwealth Universities, 2017.
- Best Poster Award. International Society of Advance Care Planning & End of Life Care Conference, Canada, 2017.
- Best Poster Award. 13th International Conference on Clinical Ethics Consultation, Singapore, 2017.
- Outstanding Paper Presentation Award. 24th Annual Congress of Gerontology, Hong Kong, 2017.
- Sponsorship for Overseas Palliative Care Training, Society for the Promotion of Hospice Care, Hong Kong, 2016.
- Scientific Paper Award. 7th Scientific Meeting cum 16th AGM, Hong Kong College of Gerontology Nursing, 2013.
- Young Investigator Award. 19th Hong Kong International Cancer Congress, 2012.
- Outstanding Paper Presentation Award. 19th Annual Congress of Gerontology, Hong Kong, 2012.
- Young Investigator Award. The ENABLE International Symposium and the 5th Hong Kong Palliative Care Symposium, 2008.
- Outstanding Paper Presentation Award. 13th Annual Congress of Gerontology, Hong Kong, 2005.

Selected Research Grant

Principal Investigator. My Way: Towards an equitable and compassionate community for advance care planning. Health and Medical Research Fund (ref. no.: 08230048), Health Bureau, 2025 – 2028.

Principal Investigator. A realist evaluation of advance care planning in Chinese communities. Humanities and Social Sciences Prestigious Fellowship Scheme (ref. no.: 34000124), Research Grants Council, 2025.

Co-Investigator. Optimizing Teachable Moments Following Emergency Room Visits: Enhancing ACP for Older Adults with Chronic Conditions and Caregivers via Dyadic Motivational Interviewing: A Mixed-Methods Randomized Controlled Trial. General Research Fund (ref no.: 14118622), Research Grants Council, 2025 – 2027.

Co-Investigator. Implementing a nurse-led advance care planning (ACP) intervention to improve ACP uptake in residential care homes: An implementation science and pragmatic cluster randomized controlled trial. Health and Medical Research Fund (ref no.: 05200158), Food and Health Bureau, 2022 – 2025.

Principal Investigator. Effects of a decision support intervention on end-of-life care planning in patients with advanced chronic obstructive pulmonary disease and their family members: A mixed method approach. General Research Fund (ref no.: 14118622), Research Grants Council, 2023 – 2024.

Co-Investigator. The effectiveness of a multi-media experiential training programme in advance care planning for nurses working in acute care settings. General Research Fund (ref no.: 14602222), Research Grants Council, 2023 – 2024.

Co-investigator. Effects of a structured, family-supported, and patient-centred advance care planning on end-of-life decision making among palliative patients and their family members: A randomized controlled trial. General Research Fund ((ref. no.: 15603720), Research Grants Council, 2020 – 2024.

Co-investigator. Promoting advance care planning in persons with early dementia and their family caregivers in the community. Health and Medical Research Fund ((ref. no.: 03180198), Food and Health Bureau, 2020 – 2021.

Principal Investigator. Effects of a Motivational-Interviewing-Tailored Programme for Promoting Advance Care Planning Behaviours on Patients with Palliative Care Needs: A Randomised Controlled Trial. General Research Fund (ref. no.: 14168417), Research Grants Council, 2018 – 2019.

Co-investigator. Effects of a Video-Supported Nurse-Led Advance Care Planning on End-of-Life Decision Making among Frail Geriatric Patients: A Pragmatic Randomized Controlled Trial. General Research Fund (ref. no.: 14162617), Research Grants Council, 2018 – 2019.

Principal Investigator. Effects of a Structured Advance Care Planning Guide among Patients with Advanced Illness in Hospital Care Settings: A Stepped-wedge Cluster Randomised Controlled Trial. Health and Medical Research Fund (ref no.: 14152631), Food and Health Bureau, 2017 – 2019.

Representative publications

Journal articles

1. **Chan, H.Y.L.**, Leung, D.Y.P., Lam, P.T. *et al.* (2025). Effect of motivational interviewing to promote advance care planning among palliative care patients in ambulatory care setting: a randomized controlled trial. *BMC Palliative Care*. <https://doi.org/10.1186/s12904-025-01667-9>
2. Liu, L., **Chan, H.Y.L.**, Zhao, Y.Y., Xiong, G. J., Qing, M. B., Gu, C., & Wang, Y. (2025). Effects of a game on advance care planning engagement in older adults: A randomised controlled trial. *Journal of Pain and Symptom Management*. <https://doi.org/10.1016/j.jpainsymman.2025.02.016>
3. Leung, D. Y. P., **Chan, H.Y.L.** (2024). Effects of a structured, family-supported, and patient-centred advance care planning on end-of-life decision making among palliative care patients and their family members: Protocol of a randomised controlled trial. *BMC Palliative Care*. <https://doi.org/10.1186/s12904-024-01588-z>
4. Mori, M., **Chan, H. Y. L.**, Lin, C. P., Kim, S. H., Ng Han Lip, R., Martina, D., Yuen, K. K., Cheng, S. Y., Takenouchi, S., Suh, S. Y., Menon, S., Kim, J., Chen, P. J., Iwata, F., Tashiro, S., Kwok, O. L. A., Peng, J. K., Huang, H. L., Morita, T., Korfage, I. J., ... Kizawa, Y. (2024). Definition and recommendations of advance care planning: A Delphi study in five Asian sectors. *Palliative Medicine*, 2692163241284088. Advance online publication. <https://doi.org/10.1177/02692163241284088>
5. Liu, L., **Chan, H. Y.**, Ho, T. C., Chow, R. S., Li, M. M., Cheung, E. W., Gu, C., & Wang, Y. (2023). A serious game for engaging older adults in end-of-life care discussion: A mixed method study. *Patient Education and Counseling*, 113, 107787. <https://doi.org/10.1016/j.pec.2023.107787>
6. Yeung, C. C. Y., Ho, K. H. M., & **Chan, H. Y. L.** (2023). A dyadic advance care planning intervention for people with early-stage dementia and their family caregivers in a community care setting: A feasibility trial. *BMC Geriatrics*, <https://doi.org/10.1186/s12877-023-03815-3>
7. Lai J. C. T., **Chan, H. Y. L.** (2022). A video decision aid for advance care planning among community-dwelling older Chinese adults: A cluster randomized controlled trial. *Journal of Palliative Medicine*. <http://doi.org/10.1089/jpm.2022.0269>
8. Liu, L., Zhao, Y.Y., Yang, C., & **Chan, H.Y.L.** (2021). Gamification for promoting advance care planning: A mixed-method systematic review and meta-analysis. *Palliative Medicine*, 35(6), 1005-1009.
9. Liu, L., Zhao, Y.Y., Zhang, L.H., **Chan, H.Y.L.** (2020). Measuring self-efficacy and readiness for advance care planning in Chinese older adults. *Journal of Pain and Symptom Management*, 60(3):622-629. doi: 10.1016/j.jpainsymman.2020.06.013
10. **Chan, H.Y.L.**, Ng, J.S.C., Chan, K.S., Chan, L.N., Ko, P.S., Leung, D.Y.P., Lee, I.F.K., Lee, D.T.F., Chan, C.W.H. (2018). Effects of a nurse-led post-discharge

advance care planning programme for community-dwelling patients nearing the end of life and their family members: A randomised controlled trial. *International Journal of Nursing Studies*, 87, 26-33.

Book chapters

1. Chan HYL, Kim R, Leung DYP, Cheng HY, Chong CYY, Chien WT. Chapter 15: How Confucian values shape the moral boundaries of family caregiving. In M.J. Deem & J. H. Lingler (Eds.). *Nursing Ethics: Normative Foundations, Advanced Concepts, and Emerging issues*. Oxford University Press, 2024.
2. Chan HYL, Leung EMF. Chapter 38: Advance Care Planning in Long-term Care. In R. Ng, D. Martina, CP Lin and M. Mori (Eds.). *Advance Care Planning in the Asia Pacific*. World Scientific Publishing Co. Ltd., 2024.
3. Chan, H. Y. L. (2016). End of life care. In A. Wai (Ed.). *Medical Law and Ethics in Hong Kong*. Thomson Reuters Hong Kong Ltd.
4. Chan, Y. L. H. & Pang, M. C. S. (2010). Cultural aspects of forgoing tube feeding in American and Hong Kong Chinese patients at the end of life. In V.R. Preedy (ed.). *Handbook of Nutrition and Diet in Palliative Care* (pp. 145-155). U.S.: Taylor & Francis Group, LLC.

Current External Services

1. Honorary Nurse Advisor, Princess Margaret Hospital, 2024 – Present
2. Member, Assessment Panel for Competitive Research Funding Schemes for the Local Self-financing Degree Sector (Humanities and Social Sciences), University Grant Committee, Hong Kong, 2024 – Present
3. Professor (by courtesy), CUHK Centre for Bioethics, The Chinese University of Hong Kong, 2024 – Present
4. Associate Editor, *Journal of Clinical Nursing*, 2023 – Present
5. Honorary Advisor (Elderly Services), Hong Kong Young Women's Christian Association, 2020 – Present
6. Honorary Advisor, Jockey Club Centre for Positive Ageing and Jockey Club Cadenza Hub, 2020 – Present
7. Council member, Hong Kong Association of Gerontology, 2018 – Present
8. Honorary Advisor, Hong Kong Society for Rehabilitation, 2016 – Present
9. Member, Steering Committee, Palliative and End of Life Care in Residential Care Homes for the Elderly in Hong Kong, Hong Kong Association of Gerontology, 2016 – Present.
10. Editorial Board Member, *Journal of Nursing Ethics*, 2014 – Present
11. Editorial Board Member, *Asian Journal of Geriatrics and Gerontology*, 2011 – Present